

Divine Intimacy

by Father Gabriel of St Mary Magdalen, O.C.D.

Calendar 2022

The *Divine Intimacy* was intended it to be read in parallel with the pre-Vatican II Roman Rite liturgical calendar. This guide aims to assist readers, especially those who might not be familiar with that calendar, to read the meditations in their proper order.

For the purposes of this guide, we use the pre-Vatican II Roman liturgical calendar as found in the 1962 Daily Missal. In addition to the cycle of daily meditations, there are additional meditations for specific feasts. On days when more than one meditation is assigned, the reader is free to choose which one to read. The feast or feria observed on any particular day is indicated in regular text; Sundays are in bold. Simple commemorations are in italics. On days when 3rd class feasts and commemorations fall on days with higher precedence, the former are placed in parentheses. Third-class feasts that according to the decree “Cum Sanctissima” (Feb. 22, 2020) may not be impeded, are marked by an asterisk (except when these fall on Sundays or higher feasts).

Saints’ titles (Bishop, Confessor, Martyr, etc.) have not been included save for Popes and Apostles.

January 2022

Day	Date	Feast of the day	No.	Meditation	Page
Sat	Jan 01	The Octave of the Nativity of Our Lord	36	THE OCTAVE OF THE NATIVITY OF OUR LORD	103
Sun	Jan 02	Feast of the Most Holy Name of Jesus	37	Feast of the Most Holy Name of Jesus	106
Mon	Jan 03	Feria	38	Jesus our Mediator	108
Tue	Jan 04	Feria	39	Jesus the First-Born of All Creatures	111
Wed	Jan 05	Feria, <i>St. Telesphorus, Pope (Comm.)</i>	40	Jesus the Universal King	114
Thu	Jan 06	The Epiphany of Our Lord Jesus Christ	41	The Epiphany of Our Lord	116
Fri	Jan 07	Feria	357 - 363	Any one of the meditations for the week of the 24th Sunday after Pentecost - 6th after Epiphany	1045 - 1063
Sat	Jan 08	Saturday of Our Lady	357 - 363	Any one of the meditations for the week of the 24th Sunday after Pentecost - 6th after Epiphany	1045 - 1063
Sun	Jan 09	First Sunday after Epiphany - Feast of The Holy Family	42	FEAST OF THE HOLY FAMILY, JESUS, MARY, AND JOSEPH	119
Mon	Jan 10	Feria	43	Jesus the True Vine	122
Tue	Jan 11	Feria, <i>St. Hyginus, Pope (Comm.)</i>	44	The Mystical Body of Christ	124
Wed	Jan 12	Feria	45	"I Am the Life"	127
Thu	Jan 13	Commemoration of the Baptism of Our Lord Jesus Christ	46	The Influence of Jesus	130
Fri	Jan 14	St. Hilary of Poitiers, <i>St. Felix (Comm.)</i>	47	The Soul of Jesus	133
Sat	Jan 15	St. Paul the First Hermit, <i>St. Maurus (Comm.)</i>	48	Living in Christ	136
Sun	Jan 16	Second Sunday after the Epiphany	49	THE FIRST MIRACLE OF JESUS	138
Mon	Jan 17	St. Anthony the Abbot*	50	"I Am the Truth"	141
Tue	Jan 18	Feria, <i>St. Prisca (Comm.)</i> or Votive Mass of the Chair of St. Peter	51	The Doctrine of Jesus	143
Wed	Jan 19	Feria, <i>SS. Marius, Martha, Audifax, Abachum (Comm.)</i> , <i>St. Canute of Denmark (Comm.)</i>	52	Jesus Shows Us the Father	146
Thu	Jan 20	St. Fabian, Pope, and St. Sebastian*	53	Jesus the Teacher of Sanctity	149
Fri	Jan 21	St. Agnes*	54	What Jesus' Teaching Exacts	152
Sat	Jan 22	SS. Vincent and Anastasius	55	The Power of the Divine Teacher	154
Sun	Jan 23	Third Sunday after the Epiphany	56	JESUS WELCOMES EVERYONE	157
Mon	Jan 24	St. Timothy*	57	"I Am the Way"	160
Tue	Jan 25	The Conversion of St. Paul the Apostle*	58	"I Am in the Father"	162
Wed	Jan 26	St. Polycarp of Smyrna*	59	The Prayer of Jesus	165
Thu	Jan 27	St. John Chrysostom*	60	Jesus and His Father's Will	168
Fri	Jan 28	St. Peter Nolasco, <i>Apparition of St. Agnes (Comm.)</i>	61	The Works of Jesus	170
Sat	Jan 29	St. Francis de Sales*	62	Jesus and the Glory of the Father	173
Sun	Jan 30	Fourth Sunday after the Epiphany	63	JESUS CALMS THE TEMPEST	176
Mon	Jan 31	St. John Bosco*	64	Jesus and Mankind	178

February 2022

Day	Date	Feast of the day	No.	Meditation	Page
Tue	Feb 01	St. Ignatius of Antioch*	65	Living Christ	181
Wed	Feb 02	The Purification of the Blessed Virgin Mary	66, 371	Jesus Our All The Purification of the Blessed Virgin Mary	183 1091
Thu	Feb 03	Feria, <i>St. Blaise of Sebaste (Comm.)</i>	67	The Church	186
Fri	Feb 04	St. Andrew Corsini	68	The Priesthood	189
Sat	Feb 05	St. Agatha*	69	The Sacraments	192
Sun	Feb 06	Fifth Sunday after the Epiphany	70	THE BOND OF PERFECTION	195
Mon	Feb 07	St. Romuald	71	Baptism	198
Tue	Feb 08	St. John of Matha	72	Confirmation	201
Wed	Feb 09	St. Cyril of Alexandria, <i>St. Apollonia (Comm.)</i>	73	Penance	204
Thu	Feb 10	St. Scholastica	74	Extreme Unction (Anointing of the Sick)	207
Fri	Feb 11	The Apparition of Our Lady of Lourdes	75	Vocation	210
Sat	Feb 12	The Seven Holy Founders of the Servite Order	76	Correspondence to Vocation	213
Sun	Feb 13	Septuagesima Sunday	77	A NEW PROGRAM	219
Mon	Feb 14	Feria, <i>St. Valentine (Comm.)</i>	78	The Necessity for Interior Purification	221
Tue	Feb 15	Feria, <i>SS. Faustinus and Jovita (Comm.)</i>	79	Voluntary Attachments	224
Wed	Feb 16	Feria	80	The Essence of Detachment	227
Thu	Feb 17	Feria	81	The Way of the "Nothing"	230
Fri	Feb 18	Feria, <i>St. Simeon of Jerusalem (Comm.)</i>	82	Rules for Detachment	233
Sat	Feb 19	Saturday of Our Lady	83	The Night of the Senses	236
Sun	Feb 20	Sexagesima Sunday	84	THE DIVINE SEED	239
Mon	Feb 21	Feria	85	Evangelical Poverty	242
Tue	Feb 22	The Chair of St. Peter	86	Voluntary Poverty	245
Wed	Feb 23	St. Peter Damian	87	The Spirit of Poverty	247
Thu	Feb 24	St. Matthias, Apostle	88	Chastity	250
Fri	Feb 25	Feria	89	Modesty	253
Sat	Feb 26	Saturday of Our Lady	90	Chastity of Heart	256
Sun	Feb 27	Quinquagesima Sunday	91	PREDICTION OF THE PASSION	259
Mon	Feb 28	Feria	92	Corporal Mortification	261

March 2022

Day	Date	Feast of the day	No.	Meditation	Page
Tue	Mar 01	Feria	93	With Jesus Crucified	264
Wed	Mar 02	Ash Wednesday	94	Ash Wednesday	267
Thu	Mar 03	Thursday after Ash Wednesday	95	Death	270
Fri	Mar 04	Friday after Ash Wednesday, <i>St. Casimir of Poland (Comm.), St. Lucius I, Pope (Comm.)</i>	96	The Proof of Love	273
Sat	Mar 05	Saturday after Ash Wednesday	97	The Spirit of Mortification	275
Sun	Mar 06	First Sunday of Lent	98	THE GREAT COMBAT	278
Mon	Mar 07	Feria of Lent or St. Thomas Aquinas*	99	Conversion	281
Tue	Mar 08	Feria of Lent, <i>St. John of God (Comm.)</i>	100	Sin	284
Wed	Mar 09	Ember Wednesday of Lent, <i>St. Frances of Rome (Comm.)</i>	101	Venial Sin	287
Thu	Mar 10	Feria of Lent, <i>Forty Holy Martyrs of Sebaste (Comm.)</i>	102	Imperfections	289
Fri	Mar 11	Ember Friday of Lent	103	Examination of Conscience	292
Sat	Mar 12	Ember Saturday of Lent, <i>St. Gregory I, Pope (Comm.)</i>	104	Confession	295
Sun	Mar 13	Second Sunday of Lent	105	THE TRANSFIGURATION	298
Mon	Mar 14	Feria of Lent	106	Humility	301
Tue	Mar 15	Feria of Lent	107	Our Place	304
Wed	Mar 16	Feria of Lent	108	Humility and Confidence	307
Thu	Mar 17	Feria of Lent, <i>St. Patrick (Comm.)</i>	109	Humility in Our Falls	310
Fri	Mar 18	Feria of Lent, <i>St. Cyril of Jerusalem (Comm.)</i>	110	Humiliations	312
Sat	Mar 19	St. Joseph, Spouse of the BVM	111 372	Humility of Heart St. Joseph, Spouse of the Blessed Virgin Mary, Patron of the Universal Church	315 1093
Sun	Mar 20	Third Sunday of Lent	112	THE POWER OF JESUS	318
Mon	Mar 21	Feria of Lent or St. Benedict of Nursia*	113	The Lowest Place	321
Tue	Mar 22	Feria of Lent	114	The Hidden Life	324
Wed	Mar 23	Feria of Lent	115	To Be Hidden from Myself	327
Thu	Mar 24	Feria of Lent or St. Gabriel the Archangel*	116	To Be Hidden with Christ in God	330
Fri	Mar 25	The Annunciation of the Blessed Virgin Mary	117 374	True Glory The Annunciation of the Blessed Virgin Mary	333 1099
Sat	Mar 26	Saturday of the Third Week in Lent	118	Not Excusing Oneself	336
Sun	Mar 27	Fourth Sunday of Lent	119	THE MULTIPLICATION OF THE LOAVES	339
Mon	Mar 28	Feria of Lent, <i>St. John of Capistrano (Comm.)</i>	120	The Value of Obedience	342
Tue	Mar 29	Feria of Lent	121	Come, Follow Me	344
Wed	Mar 30	Feria of Lent	122	Free Sacrifice of Liberty	347
Thu	Mar 31	Feria of Lent	123	Supernatural Obedience	350

April 2022

Day	Date	Feast of the day	No.	Meditation	Page
Fri	Apr 01	Feria of Lent	124	Blind Obedience	353
Sat	Apr 02	Saturday of the Fourth Week in Lent, <i>St. Francis of Paola (Comm.)</i>	125	Difficulties in Obedience	356
Sun	Apr 03	The First Sunday of the Passion or Passion Sunday	126	JESUS PERSECUTED	359
Mon	Apr 04	Monday in Passion Week, <i>St. Isidore of Seville (Comm.)</i>	127	The Value of Suffering	362
Tue	Apr 05	Tuesday in Passion Week, <i>St. Vincent Ferrer (Comm.)</i>	128	Patience	365
Wed	Apr 06	Wednesday in Passion Week	129	The Daily Cross	368
Thu	Apr 07	Thursday in Passion Week	130	Suffering and Abandonment	371
Fri	Apr 08	Friday of Passion Week, <i>The Seven Sorrows of the Blessed Virgin Mary (Comm.)</i>	131	The Seven Sorrows of Mary	374
Sat	Apr 09	Saturday in Passion Week	132	Love of the Cross	376
Sun	Apr 10	The Second Sunday of the Passion or Palm Sunday	133	THE TRIUMPH OF JESUS	382
Mon	Apr 11	Monday of Holy Week	134	The Supper at Bethany - Monday of Holy Week	382
Tue	Apr 12	Tuesday of Holy Week	135	The Meek Lamb - Tuesday of Holy Week	385
Wed	Apr 13	Wednesday of Holy Week	136	The Man of Sorrows - Wednesday of Holy Week	388
Thu	Apr 14	Holy Thursday	137	The Gift of Love - Holy Thursday	392
Fri	Apr 15	Good Friday	138	The Mystery of the Cross - Good Friday	395
Sat	Apr 16	Holy Saturday	139	The Victory of the Cross - Holy Saturday	398
Sun	Apr 17	Easter Sunday	140	THE RESURRECTION OF THE LORD	405
Mon	Apr 18	Easter Monday	141	Stay with Us - Easter Monday	408
Tue	Apr 19	Easter Tuesday	142	Whom Seek You?	410
Wed	Apr 20	Easter Wednesday	143	The Living Water	413
Thu	Apr 21	Easter Thursday	144	God Invites All Souls	416
Fri	Apr 22	Easter Friday	145	Our Preparation	419
Sat	Apr 23	Easter Saturday	146	Prayer	422
Sun	Apr 24	Low Sunday	147	THE PASCHAL HARVEST	424
Mon	Apr 25	St. Mark, Apostle, Major Rogation Day - The Greater Litanies	148	Vocal Prayer	427
Tue	Apr 26	SS. Cletus and Marcellinus, Popes	149	Meditative Reading	430
Wed	Apr 27	St. Peter Canisius	150	Meditation	433
Thu	Apr 28	St. Paul of the Cross	151	Intimate Converses with God	436
Fri	Apr 29	St. Peter Martyr	152	Prayer of Recollection	439
Sat	Apr 30	St. Catherine of Siena*	153	Aridity	442

May 2022

Day	Date	Feast of the day	No.	Meditation	Page
Sun	May 01	St. Joseph the Worker	154 373	THE GOOD SHEPHERD St. Joseph's Life of Faith	445 1096
Mon	May 02	St. Athanasius of Alexandria*	155	Airidity and Progress	448
Tue	May 03	Feria, <i>SS. Alexander and Companions (Comm.)</i>	156	Energetic Resolve	451
Wed	May 04	St. Monica*	157	Aridity and Contemplation	454
Thu	May 05	St. Pius V, Pope*	158	Loving Attention to God	457
Fri	May 06	Feria	159	Practical Conduct	460
Sat	May 07	St. Stanislaus	160	The Life of Prayer	463
Sun	May 08	Third Sunday after Easter	161	GOD'S PILGRIMS	466
Mon	May 09	St. Gregory of Nazianzen*	162	Practice of the Presence of God	469
Tue	May 10	St. Antoninus of Florence	163	The Spirit of Faith	472
Wed	May 11	SS. Philip and James, Apostles	164	Liturgical Prayer	475
Thurs	May 12	SS. Nereus, Achilleus, Domitilla and Pancras	165	Holy Mass	478
Fri	May 13	St. Robert Bellarmine	166	Participating in Holy Mass	481
Sat	May 14	Saturday of Our Lady	167	The Divine Office	484
Sun	May 15	Fourth Sunday after Easter	168	THE GREAT PROMISE	486
Mon	May 16	St. Ubald	169	Mary Our Guide and Model	489
Tue	May 17	St. Paschal Baylon	170	The Handmaid of the Lord	492
Wed	May 18	St. Venantius	171	Spouse of the Holy Spirit	495
Thu	May 19	St. Celestine V, Pope, <i>St. Pudentiana (Comm.)</i>	172	The Mother of God	498
Fri	May 20	St. Bernardine of Siena	173	Our Mother	501
Sat	May 21	Saturday of Our Lady	174	The Marian Life	504
Sun	May 22	Fifth Sunday after Easter	175	EFFICACIOUS PRAYER	506
Mon	May 23	Rogation Monday	176	Mary's Humility	509
Tue	May 24	Rogation Tuesday	177	Mary's Faith	512
Wed	May 25	Vigil of the Ascension, Minor Rogation Day, <i>St. Gregory VII, Pope (Comm.)</i>	178	Mary's Hope	515
Thu	May 26	The Ascension of Our Lord Jesus Christ	179	THE ASCENSION OF OUR LORD - Forty days after Easter	517
Fri	May 27	St. Bede the Venerable, <i>St. John I, Pope (Comm.)</i>	180	The Growth of Charity in Mary	520
Sat	May 28	St. Augustine of Canterbury	181	Mary and Fraternal Charity	523
Sun	May 29	Sunday after Ascension	182	WAITING	526
Mon	May 30	Feria, <i>St. Felix I, Pope (Comm.)</i>	183	Mary's Prayer	529
Tue	May 31	Queenship of the Blessed Virgin Mary, <i>St. Petronilla (Comm.)</i>	184	Mary's Apostolate	532

June 2022

Day	Date	Feast of the day	No.	Meditation	Page
Wed	Jun 01	St. Angela Merici	185	Mary Our Mediatrix	535
Thu	Jun 02	Feria, <i>SS. Marcellinus, Peter and Erasmus (Comm.)</i>	186	The Holy Spirit	538
Fri	Jun 03	Feria	187	The Spirit of Christ	541
Sat	Jun 04	Vigil of Pentecost	188	Sweet Guest of the Soul	544
Sun	Jun 05	Pentecost Sunday	189	THE DESCENT OF THE HOLY SPIRIT	547
Mon	Jun 06	Pentecost Monday	190	The Action of the Holy Spirit	550
Tue	Jun 07	Pentecost Tuesday	191	The Initiatives of the Holy Spirit	553
Wed	Jun 08	Ember Wednesday of Pentecost	192	Our Cooperation	555
Thu	Jun 09	Pentecost Thursday	193	Conformity with Christ through the Action of the Holy Spirit	558
Fri	Jun 10	Ember Friday of Pentecost	194	The Way of the Cross	561
Sat	Jun 11	Ember Saturday of Pentecost	195	The Gifts of the Spirit	564
Sun	Jun 12	Trinity Sunday	196	FEAST OF THE MOST HOLY TRINITY - First Sunday after Pentecost	567
Mon	Jun 13	St. Anthony of Padua*	197	The Virtues and the Gifts	569
Tue	Jun 14	St. Basil the Great*	198	The Holy Spirit and Prayer	572
Wed	Jun 15	Feria, <i>SS. Vitus, Modestius, and Crescentia (Comm.)</i>	199	The Holy Spirit and Activity	575
Thu	Jun 16	Corpus Christi	200	FEAST OF CORPUS CHRISTI - Thursday after the Feast of the Most Holy Trinity	581
Fri	Jun 17	St. Gregory Barbarigo	201	The Real Presence	583
Sat	Jun 18	St. Ephrem the Syrian, <i>SS. Mark and Marcellian (Comm.)</i>	202	The Mystery of Faith	586
Sun	Jun 19	Second Sunday after Pentecost	203	THE INVITATION TO THE BANQUET - Second Sunday after Pentecost	589
Mon	Jun 20	Feria, <i>Pope St. Silverius (Comm.)</i>	204	Mystery of Hope	592
Tue	Jun 21	St. Aloysius Gonzaga*	205	Mystery of Love	594
Wed	Jun 22	St. Paulinus of Nola	206	The Sacrament of Union	597
Thu	Jun 23	Feria (Vigil of St. John the Baptist omitted this year)	207	Let Us Prepare for Union	600
Fri	Jun 24	The Sacred Heart of Our Lord Jesus Christ	208	FEAST OF THE MOST SACRED HEART OF JESUS - Friday following the Second Sunday after Pentecost	603
Sat	Jun 25	Nativity of St. John the Baptist (transferred from June 24 for this year)	209	Devotion to the Sacred Heart of Jesus	606
Sun	Jun 26	Third Sunday after Pentecost	210	MERCIFUL LOVE	609
Mon	Jun 27	Feria	211	Returning Love for Love	612
Tue	Jun 28	Vigil of Ss. Peter and Paul, Apostles	212	Consecration to the Sacred Heart of Jesus	614
Wed	Jun 29	SS. Peter and Paul, Apostles	213 375	Reparation Feast of SS. Peter and Paul	617 1103
Thu	Jun 30	Commemoration of St. Paul*	214	The Heart of Jesus Our Model	620

July 2022

Day	Date	Feast of the day	No.	Meditation	Page
Fri	Jul 01	The Most Precious Blood of Our Lord Jesus Christ	215 376	The Heart of Jesus Our Refuge Feast of the Most Precious Blood of Our Lord Jesus	623 1106
Sat	Jul 02	The Visitation of the Blessed Virgin Mary, <i>SS. Processus and Martinianus (Comm.)</i>	216 377	The Sacred Heart and the Eucharist The Visitation of the Blessed Virgin Mary	625 1109
Sun	Jul 03	Fourth Sunday after Pentecost	217	FIRM CONFIDENCE	628
Mon	Jul 04	Feria	218	Abiding in Christ	631
Tue	Jul 05	St. Anthony Mary Zaccaria	219	From the Eucharist to the Trinity	634
Wed	Jul 06	Feria	220	The Mystery of the Trinity	636
Thu	Jul 07	SS. Cyril and Methodius*	221	In the Presence of the Trinity	640
Fri	Jul 08	St. Elizabeth of Portugal	222	The Trinity within Us	643
Sat	Jul 09	Saturday of Our Lady	223	Effusion of the Trinity in the Soul	646
Sun	Jul 10	Fifth Sunday after Pentecost	224	FRATERNAL HARMONY	649
Mon	Jul 11	Feria, <i>St. Pius I, Pope (Comm.)</i>	225	Living with the Trinity	652
Tue	Jul 12	St. John Gualbert, <i>SS. Nabor and Felix (Comm.)</i>	226	The Glory of the Most Holy Trinity	655
Wed	Jul 13	Feria	227	The Divine Perfections	658
Thu	Jul 14	St. Bonaventure*	228	The Divine Essence	661
Fri	Jul 15	St. Henry II, Emperor	229	Divine Simplicity	664
Sat	Jul 16	Saturday of Our Lady, <i>Our Lady of Mount Carmel (Comm.)</i>	230 378	The Immutability and Eternity of God Our Lady of Mount Carmel	667 1112
Sun	Jul 17	Sixth Sunday after Pentecost	231	THE COMPASSION OF JESUS	670
Mon	Jul 18	St. Camillus de Lellis, <i>SS. Symphorosa and her Seven Sons (Comm.)</i>	232	God's Infinite Goodness	673
Tue	Jul 19	St. Vincent de Paul*	233	God's Infinite Goodness Is Diffusive	676
Wed	Jul 20	St. Jerome Aemiliani, <i>St. Margaret of Antioch (Comm.)</i>	234	Infinite Wisdom	679
Thu	Jul 21	St. Laurence of Brindisi, <i>St. Praxedes (Comm.)</i>	235	Infinite Love	682
Fri	Jul 22	St. Mary Magdalene*	236	Infinite Mercy	684
Sat	Jul 23	St. Apollinaris, <i>St. Liborius (Comm.)</i>	237	Infinite Justice	687
Sun	Jul 24	Seventh Sunday after Pentecost	238	THE FRUITS OF LIFE	690
Mon	Jul 25	St. James the Greater, Apostle, <i>St. Christopher (Comm.)</i>	239	Divine Providence	693
Tue	Jul 26	St. Anne, Mother of the Blessed Virgin Mary	240	Divine Omnipotence	696
Wed	Jul 27	Feria, <i>St. Pantaleon (Comm.)</i>	241	Faith	698
Thu	Jul 28	SS. Nazarius and Celsus, St. Victor I, Pope and St. Innocent I, Pope	242	The Obscure Light of Faith	701
Fri	Jul 29	St. Martha,* <i>SS. Felix, Simplicius, Faustinus and Beatrice (Comm.)</i>	243	The Power of Faith	704
Sat	Jul 30	Saturday of Our Lady, <i>SS. Abdon and Sennen (Comm.)</i>	244	Faith in Practice	707
Sun	Jul 31	Eighth Sunday after Pentecost	245	OUR RICHES	710

August 2022

Day	Date	Feast of the day	No.	Meditation	Page
Mon	Aug 01	Feria, <i>Holy Machabees (Comm.)</i>	246	Hope	713
Tue	Aug 02	St. Alphonsus Mary De Liguori*, <i>St. Stephen I, Pope (Comm.)</i>	247	The Motive for Hope	716
Wed	Aug 03	Feria	248	The Test of Hope	719
Thu	Aug 04	St. Dominic de Guzman*	249	Boundless Hope	722
Fri	Aug 05	The Dedication of the Church of St Mary of the Snows*	250	Charity	725
Sat	Aug 06	The Transfiguration of Our Lord Jesus Christ, <i>St. Sixtus II, Pope, and SS. Felicissimus and Agapitus (Comm.)</i>	251	The Love of Friendship	728
Sun	Aug 07	Ninth Sunday after Pentecost	252	CORRESPONDENCE WITH GRACE	731
Mon	Aug 08	St. John Vianney,* <i>SS. Cyriacus, Largus and Smaragdus (Comm.)</i>	253	The Precept of Charity	734
Tue	Aug 09	The Vigil of St. Laurence, <i>St. Romanus (Comm.)</i>	254	The Excellence of Charity	737
Wed	Aug 10	St. Laurence the Deacon	255	The Act of Love	740
Thu	Aug 11	Feria, <i>SS. Tiburtius and Susanna (Comm.)</i>	256	The Life of Love	743
Fri	Aug 12	St. Clare of Assisi*	257	Fraternal Charity	749
Sat	Aug 13	Saturday of Our Lady, <i>SS. Hippolytus and Cassian (Comm.)</i>	258	The Motive for Fraternal Charity	751
Sun	Aug 14	Tenth Sunday after Pentecost	259	CHARITY AND HUMILITY	754
Mon	Aug 15	The Assumption of the Blessed Virgin Mary	260 379	The Extent of Fraternal Charity THE ASSUMPTION OF THE BLESSED VIRGIN MARY	757 1115
Tue	Aug 16	St. Joachim, Father of the Blessed Virgin Mary	261	The Measure of Fraternal Charity	760
Wed	Aug 17	St. Hyacinth	262	The New Commandment	763
Thu	Aug 18	Feria, <i>St. Agapitus (Comm.)</i>	263	Judge Not	766
Fri	Aug 19	St. John Eudes	264	Be Ye Merciful	769
Sat	Aug 20	St. Bernard of Clairvaux*	265	The Mantle of Charity	772
Sun	Aug 21	Eleventh Sunday after Pentecost	266	BAPTISMAL GRACE	775
Mon	Aug 22	Immaculate Heart of the Blessed Virgin Mary, <i>St. Timothy and Companions (Comm.)</i>	267	Bear Ye One Another's Burdens	778
Tue	Aug 23	St. Philip Benizi	268	Charity Is not Selfish	781
Wed	Aug 24	St. Bartholomew, Apostle	269	Charity Adapts Itself to Everyone	784
Thu	Aug 25	St. Louis IX	270	Mildness	787
Fri	Aug 26	Feria, <i>St. Zephyrinus, Pope (Comm.)</i>	271	Love of Neighbor and Love of God	790
Sat	Aug 27	St. Joseph Calasanctius	272	Prudence	792
Sun	Aug 28	Twelfth Sunday after Pentecost	273	THE GOOD SAMARITAN - Twelfth Sunday after Pentecost	795
Mon	Aug 29	Beheading of St. John the Baptist,* <i>St. Sabina, (Comm.)</i>	274	Prudent Judgment	798
Tue	Aug 30	St. Rose of Lima, <i>SS. Felix and Adauctus (Comm.)</i>	275	Prudence and Rectitude	800
Wed	Aug 31	St. Raymond Nonnatus	276	Diligence	803

September 2022

Day	Date	Feast of the day	No.	Meditation	Page
Thu	Sep 01	Feria, <i>St. Giles the Abbot (Comm.), Twelve Holy Brothers (Comm.)</i>	277	Justice	805
Fri	Sep 02	St. Stephen, King of Hungary	278	Hunger and Thirst After Justice	808
Sat	Sep 03	St. Pius X, Pope*	279	Perfect Justice	810
Sun	Sep 04	Thirteenth Sunday after Pentecost	280	THE TEN LEPERS	813
Mon	Sep 05	St. Laurence Justinian	281	Justice and Religion	816
Tue	Sep 06	Feria	282	Piety and Devotion	819
Wed	Sep 07	Feria	283	Gratitude	822
Thu	Sep 08	The Nativity of the Blessed Virgin Mary, <i>St. Adrian of Nicomedia (Comm.)</i>	284 380	Sincerity The Nativity of the Blessed Virgin Mary	825 1118
Fri	Sep 09	Feria, <i>St. Gorgonius (Comm.)</i>	285	Simplicity	828
Sat	Sep 10	St. Nicholas of Tolentino	286	Fortitude	831
Sun	Sep 11	Fourteenth Sunday after Pentecost	287	THE TWO KINGDOMS	834
Mon	Sep 12	Most Holy Name of Mary*	288	Courage	837
Tue	Sep 13	Feria	289	Magnanimity	839
Wed	Sep 14	The Exaltation of the Holy Cross	290	Generosity	842
Thu	Sep 15	The Seven Sorrows of the Blessed Virgin Mary, <i>St. Nicomedes (Comm.)</i>	291	Fortitude and Patience	845
Fri	Sep 16	St. Cornelius, Pope, and St. Cyprian*	292	The Practice of Patience	848
Sat	Sep 17	Saturday of Our Lady, <i>The Stigmata of St. Francis (Comm.)</i>	293	Perseverance	851
Sun	Sep 18	Fifteenth Sunday after Pentecost	294	JESUS OUR LIFE	854
Mon	Sep 19	St. Januarius and Companions	295	Perseverance and Confidence	857
Tue	Sep 20	Feria, <i>St. Eustace and Companions (Comm.)</i>	296	Temperance	860
Wed	Sep 21	St. Matthew the Evangelist, Apostle, <i>Ember Wednesday (Comm.)</i>	297	Meekness	863
Thu	Sep 22	St. Thomas of Villanova, <i>St. Maurice and his Companions (Comm.)</i>	298	Spiritual Progress	865
Fri	Sep 23	Ember Friday of September, <i>St. Linus, Pope (Comm.)</i>	299	The Gift of Fear	868
Sat	Sep 24	Ember Saturday of September, <i>Our Lady of Ransom (Comm.)</i>	300	Blessed Are the Poor in Spirit	871
Sun	Sep 25	Sixteenth Sunday after Pentecost	301	THE CHARACTERISTICS OF A CHRISTIAN	873
Mon	Sep 26	Feria, <i>SS. Cyprian and Justina (Comm.)</i>	302	The Gift of Fortitude	876
Tue	Sep 27	SS. Cosmas and Damian*	303	Blessed Are They That Hunger and Thirst after Justice	879
Wed	Sep 28	St. Wenceslaus	304	The Gift of Piety	882
Thu	Sep 29	The Dedication of St. Michael the Archangel	305	Blessed are the Meek	885
Fri	Sep 30	St. Jerome*	306	The Gift of Counsel	887

October 2022

Day	Date	Feast of the day	No.	Meditation	Page
Sat	Oct 01	Feria, <i>St. Remigius (Comm.)</i>	307	Blessed Are the Merciful	890
Sun	Oct 02	Seventeenth Sunday after Pentecost	308	FRATERNAL UNION	893
Mon	Oct 03	St. Therese of the Child Jesus*	309	The Gift of Knowledge	896
Tue	Oct 04	St. Francis of Assisi*	310	Blessed Are They That Mourn	899
Wed	Oct 05	Feria, <i>St. Placid and his Companions (Comm.)</i>	311	The Gift of Understanding	902
Thu	Oct 06	St. Bruno of Cologne*	312	Blessed Are the Clean of Heart	905
Fri	Oct 07	Our Lady of the Holy Rosary, <i>St. Mark, Pope (Comm.)</i>	313 381	The Gift of Wisdom Feast of the Blessed Virgin Mary of the Rosary	908 1121
Sat	Oct 08	St. Bridget of Sweden, <i>SS. Sergius, Bacchus, Marcellus and Apuleius (Comm.)</i>	314	Blessed Are the Peacemakers	911
Sun	Oct 09	Eighteenth Sunday after Pentecost	315	THE POWER AND LOVE OF JESUS	914
Mon	Oct 10	St. Francis Borgia	316	Our Meeting with the Holy Spirit	917
Tue	Oct 11	The Motherhood of the Blessed Virgin Mary	317 382	Zeal for Souls Feast of the Motherhood of the Blessed Virgin Mary	923 1124
Wed	Oct 12	Feria	318	The Duty of the Apostolate	926
Thu	Oct 13	St. Edward the Confessor	319	God's Collaborators	929
Fri	Oct 14	St. Callixtus I, Pope*	320	One with the Mind of Christ	932
Sat	Oct 15	St. Teresa of Avila*	321	The Soul of the Apostolate	935
Sun	Oct 16	Nineteenth Sunday after Pentecost	322	THE DIVINE INVITATION	938
Mon	Oct 17	St. Margaret Mary Alacoque	323	The Apostolic Ideal	941
Tue	Oct 18	St. Luke, Evangelist	324	Various Forms of the Apostolate	944
Wed	Oct 19	St. Peter of Alcantara	325	Apostolic Prayer	947
Thu	Oct 20	St. John Cantius	326	Apostolic Immolation	950
Fri	Oct 21	Feria, <i>St. Hilarion the Abbot (Comm.), St. Ursula and her Companions (Comm.)</i>	327	The Apostolate of Example	953
Sat	Oct 22	Saturday of Our Lady	328	Apostolic Works	956
Sun	Oct 23	Twentieth Sunday after Pentecost	329	THE ROAD TO OUR ETERNAL HOME	959
Mon	Oct 24	St. Raphael the Archangel	330	The Formation of Apostles	962
Tue	Oct 25	Feria, <i>SS. Chrysanthus and Daria (Comm.)</i>	331	Sanctification in the Apostolate	965
Wed	Oct 26	Feria, <i>St. Evaristus, Pope (Comm.)</i>	332	A Right Intention	968
Thu	Oct 27	Feria	333	Self-forgetfulness and Abnegation	971
Fri	Oct 28	SS. Simon and Jude, Apostles	334	Humility in the Apostolate	974
Sat	Oct 29	Saturday of Our Lady	335	Human Qualities and Apostolic Charity	977
Sun	Oct 30	Feast of Our Lord Jesus Christ the King	336 383	FORGIVENESS Feast of Our Lord Jesus Christ the King	980 1127
Mon	Oct 31	Feria	337	Education and Culture at the Service of the Apostolate	983

November 2022

Day	Date	Feast of the day	No.	Meditation	Page
Tue	Nov 01	Feast of All Saints	338 384	Apostolic Hope FEAST OF ALL SAINTS	986 1130
Wed	Nov 02	All Souls Day	339 385	Progress in the Apostolate Commemoration of All the Faithful Departed	990 1133
Thu	Nov 03	Feria	340	Apostolic Maturity	993
Fri	Nov 04	St. Charles Borromeo,* <i>SS. Vitalis and Agricola (Comm.)</i>	341	Spiritual Paternity and Maternity	996
Sat	Nov 05	Saturday of Our Lady	342	Martha and Mary	999
Sun	Nov 06	Twenty-second Sunday after Pentecost	343	OUR DUTIES	1002
Mon	Nov 07	Feria	344	The Holy Spirit and the Apostolate	1005
Tue	Nov 08	Feria, <i>The Four Holy Crowned Martyrs (Comm.)</i>	345	Union with God	1008
Wed	Nov 09	The Dedication of the Lateran Basilica, <i>St. Theodore (Comm.)</i>	346	The Way of Union	1011
Thu	Nov 10	St. Andrew Avellino, <i>SS. Tryphon, Respicius and Nympha (Comm.)</i>	347	The Night of the Spirit	1014
Fri	Nov 11	St. Martin of Tours,* <i>St. Mennas (Comm.)</i>	348	Purifying Love	1017
Sat	Nov 12	St. Martin I, Pope	349	Toward Complete Purification	1020
Sun	Nov 13	Twenty-third Sunday after Pentecost	350	DESIGNS OF PEACE AND LOVE - Twenty-third Sunday after Pentecost	1023
Mon	Nov 14	St. Josaphat*	351	Passive Purification	1026
Tue	Nov 15	St. Albert the Great	352	Interior Trials	1029
Wed	Nov 16	St. Gertrude the Great	353	Desolation and Darkness	1032
Thu	Nov 17	St. Gregory Thaumaturgus	354	Consolation and Abandonment	1035
Fri	Nov 18	The Dedication of the Basilicas of SS. Peter and Paul*	355	The Development of Love	1039
Sat	Nov 19	St. Elizabeth of Hungary, <i>St. Pontianus, Pope (Comm.)</i>	356	The Love of Esteem	1042
Sun	Nov 20	Last Sunday after Pentecost	364	THE END OF THE WORLD - Last Sunday after Pentecost	1066
Mon	Nov 21	The Presentation of the Blessed Virgin Mary	365 386	The "Yes" of Perfect Consent The Presentation of the Blessed Virgin Mary	1069 1136
Tue	Nov 22	St. Cecilia*	366	The Reciprocal Gift	1072
Wed	Nov 23	St. Clement I, Pope,* <i>St. Felicity (Comm.)</i>	367	Perfect Union	1075
Thu	Nov 24	St. John of the Cross,* <i>St. Chrysogonus (Comm.)</i>	368	The Triumph of Love	1078
Fri	Nov 25	St. Catherine of Alexandria	369	Transforming Love	1081
Sat	Nov 26	St. Sylvester Gozzolini, <i>St. Peter of Alexandria (Comm.)</i>	370	Divine Intimacy	1084
Sun	Nov 27	First Sunday of Advent	1	THE LORD COMETH FROM AFAR	3
Mon	Nov 28	Feria	2	Invitation to Sanctity	5
Tue	Nov 29	Feria, <i>St. Saturninus (Comm.)</i>	3	Sanctity and the Plenitude of Grace	8
Wed	Nov 30	St. Andrew, Apostle	4	Charity the Essence of Sanctity	11

December 2022

Day	Date	Feast of the day	No.	Meditation	Page
Thu	Dec 01	Feria	5	Sanctity and God's Will	14
Fri	Dec 02	St. Bibiana	6	Sanctity and My Duties	17
Sat	Dec 03	St. Francis Xavier*	7	The Mount of Perfection	20
Sun	Dec 04	Second Sunday of Advent	8	THE LORD WILL NOT DELAY	24
Mon	Dec 05	Feria, <i>St. Sabbas (Comm.)</i>	10	Invitation to Divine Intimacy	29
Tue	Dec 06	St. Nicholas of Myra*	11	In Search of God	32
Wed	Dec 07	St. Ambrose of Milan*	12	Seeking God in Prayer	35
Thu	Dec 08	The Immaculate Conception of the Blessed Virgin Mary	9	THE IMMACULATE CONCEPTION OF THE BLESSED VIRGIN MARY	26
Fri	Dec 09	Feria	13	Seeking God in Our Daily Duties	38
Sat	Dec 10	Saturday of the Second Week in Advent, <i>St. Melchiades, Pope (Comm.)</i>	14	The Virgin of the Incarnation	41
Sun	Dec 11	Third Sunday of Advent	15	THE LORD IS NIGH	44
Mon	Dec 12	Apparition of Our Lady of Guadalupe	16	Guard of the Senses	46
Tue	Dec 13	St. Lucy*	17	Interior Silence	49
Wed	Dec 14	Ember Wednesday of Advent	18	Seeking God in Faith .	52
Thu	Dec 15	Feria	19	Seeking God in Love	55
Fri	Dec 16	Ember Friday of Advent, <i>St. Eusebius of Vercelli, (Comm.)</i>	20	Seeking God in Creatures	58
Sat	Dec 17	Ember Saturday of Advent	21	Seeking God in Activity	60
Sun	Dec 18	Fourth Sunday of Advent	22	BEHOLD THE SAVIOR COMES	63
Mon	Dec 19	Greater Feria of Advent	23	The Call to the Apostolate	66
Tue	Dec 20	Greater Feria of Advent	24	The Interior Apostolate	68
Wed	Dec 21	St. Thomas, Apostle	25	Apostolic Action	71
Thu	Dec 22	Greater Feria of Advent	26	The Mystery of the Incarnation - Dec. 22	74
Fri	Dec 23	Greater Feria of Advent	27	The Word Was Made Flesh - Dec. 23	77
Sat	Dec 24	Vigil of the Nativity of Our Lord Jesus Christ	28	The Great Mystery Is Accomplished - Dec. 24	80
Sun	Dec 25	The Nativity of Our Lord Jesus Christ, <i>St. Anastasia (Comm., at dawn)</i>	29	THE NATIVITY OF OUR LORD - Christmas Day	83
Mon	Dec 26	St. Stephen the First Martyr	30	Believing in Love - Dec. 26	86
Tue	Dec 27	St. John the Evangelist, Apostle	31	Returning Love for Love - Dec. 27	89
Wed	Dec 28	The Holy Innocents	32	Glory to God - Dec. 28	92
Thu	Dec 29	Fifth Day in the Octave of Christmas, <i>St. Thomas Becket (Comm.)</i>	33	Peace to Men - Dec. 29	94
Fri	Dec 30	Sixth Day in the Octave of Christmas	34	A SIGN OF CONTRADICTION (As there is no Sunday within the Octave of Christmas, this Meditation is used on Dec. 30)	97
Sat	Dec 31	Seventh Day in the Octave of Christmas, <i>St. Sylvester I, Pope (Comm.)</i>	35	Let us Make Good Use of Time - Dec. 31	100